Week 1

Monday Spaghetti Bolognaise Quorn and Vegetable Fajitas Smoothie

Tuesday Chicken Curry with Rice and Naan Italian Roasted Vegetable Bean Bake Cherry Flapjack

Wednesday

Roast Beef, Yorkshire Pudding and Horseradish Roasted Vegetable Filled Yorkshire Pudding Apple Crumble and Custard

Thursday

Macaroni Cheese with Garlic Bread and Salad Sweet Potato with Mozzarella and Spinach Cornflake Crispy Cake

> Friday Fish & Chips Pizza Selection Fruit Ice Lolly

WEEK 2

Monday Pasty, Mash and Beans Vegetarian Kiev, Mash and Beans Carrot Cake

Tuesday Chicken Fajitas Cauliflower and Broccoli Gratin Chocolate Crunch Bar

Wednesday Traditional Roast Chicken with Stuffing Vegetarian Roast Fruit Sponge and Custard

Thursday BBQ Pulled Pork, Wedges and Sweetcorn Spanish Frittata Homemade Cookies

> Friday Fish & Chips Pizza Selection Fruit Ice Lolly

WEEK 3

Monday Chicken Curry with Rice and Naan Bread Chinese Style Noodles with Tofu Fruit Salad

Tuesday Beef Chilli with Rice and Nachos' Macaroni Cheese Chocolate Brownie

Wednesday Roast Gammon Ham and Stuffing Mexican Quesadilla Apple Crumble & Custard

Thursday Cooks Choice Ricotta and Spinach Lasagne Cake Bar Selection

> Friday Fish & Chips Pizza Selection Fruit Ice Lollies

WEEK 4

Monday Sausage, Mash and Beans Vegetarian Sausage, Mash and Beans Carrot Cake

Tuesday Chinese Dish of the Day Halloumi Kebabs with Cous Cous Ice Cream and Fruit

Wednesday

Roast Pork, Stuffing and Apple Sauce Cheese and Tomato Stuffed Courgettes Fruit Pudding with Custard

Thursday

Lasagne with Salad and Garlic Bread Vegetable Burger with Wedges and Salad Fruit Mousse

> Friday Fish & Chips Pizza Selection Fruit Ice Lollies