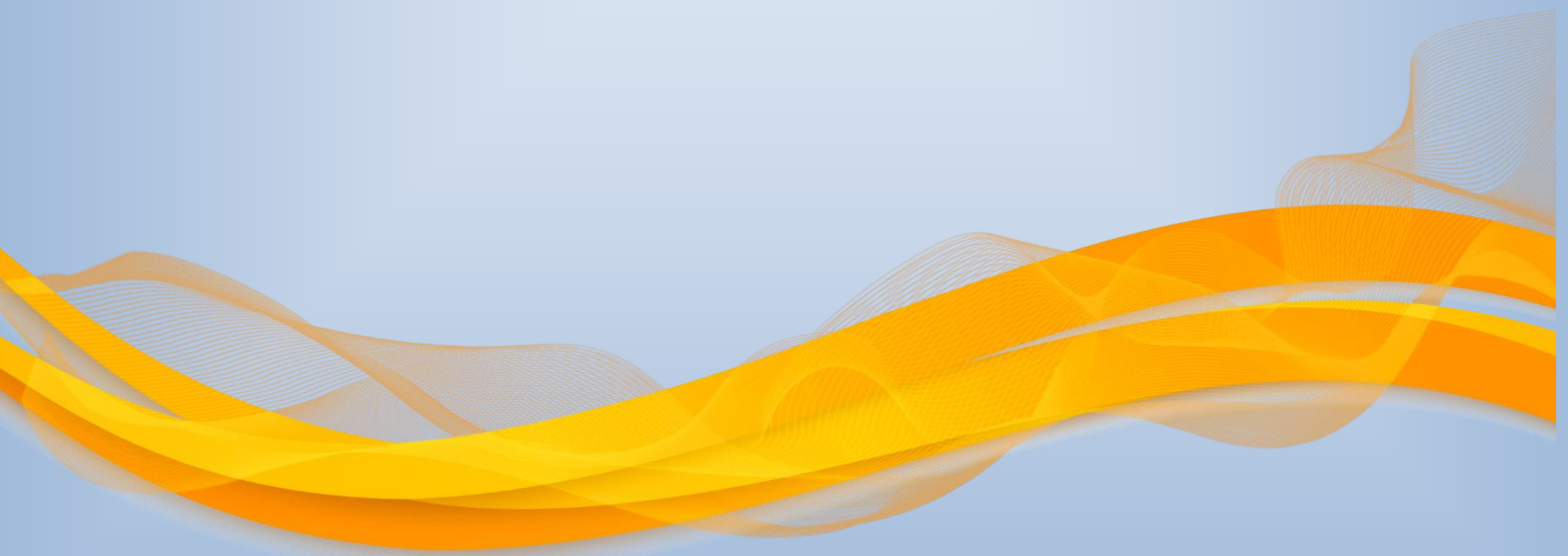




Helston Community College

Activities Week 2025 (Years 8 & 9)



Overview of the week - Students will need to choose enough activities to fill their week.

	Monday	Tuesday	Wednesday	Thursday	Friday
All week	Adventure Activity Week				
	Amazing Animals				
	Catalonia 2025				
	Elemental activities				
1,2 or 3 day activities	A play in three days				
	Bake off		Bake off	Bake off	Bake off
	Basic Freediving Course	Biblio-therapy	Biblio-therapy	Biblio-therapy	
		BMX		BMX	
	Camel Creek		Camel Creek		Camel Creek
	Celebration card creation			Coco Kitchen Chocolate Making Workshop	
	Computer Games	Computer Games	Computer Games	Computer Games	Computer Games
			Gig Rowing	Golf	Golf
	Ice cream making and factory visit	The Lizard -Cornish Heritage	Glow up	The Lizard -Cornish Heritage	Ice cream making and factory visit
	Masterchef	Masterchef	Masterchef	Masterchef	Masterchef
		Photo Safaris	Photo Safaris		Myths and mysteries
	Photography Challenge @HCC			Photography Challenge @HCC	Photography Challenge @HCC
		Podcasting Qualification with Rock School Learning			
			Primitive Survival	Primitive Survival	Primitive Survival
		Roll, Read, and Rule		Roll, Read, and Rule	Roll, Read, and Rule
	Sport @ HCC		Sport @ HCC	Sport @ HCC	Sport @ HCC
	Surfing / Mega SUP / Bodyboarding – Global Boarders	Surfing / Mega SUP / Bodyboarding – Global Boarders	Surfing / Mega SUP / Bodyboarding – Global Boarders	Surfing / Mega SUP / Bodyboarding – Global Boarders	Surfing / Mega SUP / Bodyboarding – Global Boarders
	Lucky Dip	Lucky Dip	Lucky Dip	Lucky Dip	Lucky Dip

Introduction

After last year's very successful activities week, this year's week will take place between Monday 14th July and Friday 18th July. Students in Years 8 & 9 will take part in a range of educational and extracurricular opportunities that go beyond the regular curriculum. These activities, including trips, workshops and specialised lessons, are designed to build on students' learning in the classroom as well as introduce them to new skills and experiences.

Students will need to opt for up to five activities, one for each day of the week. Some of the activities last longer than one day, so if choosing the longer ones, please double check how long it lasts and choose a combination of activities which fills the week.

The cost

The cost of the activities varies depending on the nature of the trip or event. The costs cover transportation, materials, and expert instructors. We are committed to providing the best possible education, and we have planned a range of activities to cover a range of interests and costs. Where possible the costs can be covered in instalments as outlined on Parent Pay.

If you have any further questions or concerns, please do not hesitate to reach out to us. We appreciate your understanding and support in ensuring a fantastic Activities Week for your child.

Signing up

Some activities may have a maximum group size. Places will be allocated on a first come first served basis when the bookings open on a Microsoft form, which will open on Monday 2nd December for Year 9 and Friday 6th December for Year 8. We will email parents with the link to the form on each day. If a trip is heavily oversubscribed we will try our best to add extra places. Sadly, though, the size of some venues may prevent this happening in some circumstances. The form will close on the last day of term (Friday 20th December). This is to allow the account team to set up Parent Pay for various options chosen. Any students who have not made choices by the date will receive a 'lucky dip' (unless there is a genuine reason for the missed deadline).

Parent Pay

Once the bookings have been made on the Microsoft form, the accounts team will set up Parent Pay to reflect the choices made for each student. This will also include any free activities. All parents should have access to a Parent Pay account already, however, some may need to activate their account by using the details in the email from Parent

Pay which was sent at the start of September. If you have any issues activating your account, please email our accounts team at: Accounts@helston.tpacademytrust.org or via phone at 01326 577028

Year 9 students will have the opportunity to sign up for their activities one week before Year 8. This is because this is their last opportunity to take part in the week, as Year 10 students participate in a week of work experience.

The 'Go live' date for Year 9 students is Monday 2nd December

The 'Go live' date for Year 8 students is Friday 6th December

Behaviour

We value each student's opportunity to engage with the activities week. However, it is vital to uphold a safe, positive and respectful atmosphere within our college community at all times. Therefore, in rare cases where there are concerns about a student's behaviour, their participation in particular activities may be reconsidered. We would always endeavour to communicate any concerns to you at the earliest opportunity. As ever, your support is greatly appreciated.

Consent forms

For your son / daughter to take part in the week we will need two forms of consent:

1. Your consent for your son / daughter to take part in the specific trip. This will be via Parent Pay, where you will be required to tick a box.
2. We also need to collect a more detailed consent form for your son /daughter to take part in trips generally. The College sent a link to a new annual general consent form for 2024-25 in July and if this has not yet been completed, it must be before the trip goes as it contains all the contact details and medication information the College needs to ensure the trip runs safely. If you need to complete this form it can be accessed here.

<https://forms.office.com/e/Pv1wrNOHhN?origin=IprLink>

As this is a lengthier form, it will only need to be completed once per year (unless contact or medical details have changed)

Queries or questions

If you have any general queries, not related to Parent Pay, please contact:

Mr J Lovelock at the College (JLovelock@Helston.tpacademytrust.org) for Year 9

Mrs S Barnes (SBarnes@Helston.tpacademytrust.org) for Year 8

A play in 3 days

Description: A mini production, acting and dancing and prop/costume making resulting in performance on the last afternoon to parents.	
This activity runs on these days:	Monday, Tuesday, Wednesday
This activity is run by:	Mrs Richardson
Duration:	Three days
It will cost:	£5
Number of places:	30

Adventure Activity Week

Description: Mr Roberts and Miss Treloar are looking for a group of students who want to spend a week participating in different sporting activities. Here is a flavour of some of the activities included in the 5 days; SUP, Canoeing, Surfing, Beach Games, Trampolining and Segway in Newquay, Adventure Crazy Golf, Ten Pin Bowling & BMX. No experience required, however, we do ask that you will give all the activities 100% effort. This week is about being as active as possible and having lots of fun!! DAY 1 – SWANPOOL BEACH – SUP & CANOEING DAY 2 – PLYMOUTH CRAZY GOLF & TEN PIN BOWLING DAY 3 – SURFING & BEACH GAMES DAY 4 – Newquay Trampolining and Segway driving DAY 5 – BMX	
This activity runs on these days:	All Week
This activity is run by:	Mr Roberts, Miss Treloar
Duration:	Five days
It will cost:	£230
Number of places:	28

Amazing animals

Description:

A full week of experience everything animal related. During the whole week, we will be visiting a range of places – to ensure we see everyone’s favourite! These visits are specifically organised to access a wide range of activities to have fun while learning for ALL students. Cornwall is especially diverse in its range of habitats so we are very lucky to see many different genres in this exciting week! Locations will include: Paradise Park, Feadon farm wildlife centre where you are 'Keeper for the day', Flicka donkey Sanctuary, Cornish seal sanctuary, Blue reef Newquay, & Newquay zoo. Newquay zoo.

This activity runs on these days:	All Week
This activity is run by:	Mrs Mullins and Ms Long
Duration:	Five days
It will cost:	£200 for the full 5 days
Number of places:	10

Bake off

Description:

Mrs Morgado is looking for keen bakers (with or without experience) who would like to spend the day creating a show stopper!

This activity runs on these days:	Monday, Wednesday, Thursday, Friday
This activity is run by:	Mrs Morgado
Duration:	One day
It will cost:	£6
Number of places:	15

Basic Freediving Course: Beginner freediving certificate at Porthkerris Divers

Description: Love snorkelling and want to take it a little further? Learn to freedive in a day with Aquacity Freediving based on the Lizard, run by National Champion Georgina Miller. Learn how to explore the ocean safely on one breath with Aquacity's friendly and experienced instructors, and gain a basic certification in a day to begin your freediving journey..	
This activity runs on these days:	Monday
This activity is run by:	Mrs Stevenson
Duration:	One day
It will cost:	£180
Number of places:	15

Biblio-therapy

Description: Mrs Ford and Mrs Rogers are looking for students who would like to spend an entire day reading in the library. Borrow library books. Bring books from home. Snacks, pillows and comfy clothes are a must!!	
This activity runs on these days:	Tuesday, Wednesday, Thursday
This activity is run by:	Mrs Ford and Mrs Rogers
Duration:	One day
It will cost:	Free
Number of places:	12

BMX

Description:

Whether you're a seasoned rider or a newbie to BMX, our program is tailored to boost your skills and confidence on two wheels. Join us for an exciting journey where you'll learn awesome tricks, conquer daring ramps, and gain valuable bike-handling abilities under the guidance of our expert coaches. It's time to push your limits, make new friends, and experience the thrill of BMX in a safe and supportive environment. Don't miss out on this incredible opportunity to ride, jump, and soar to new heights with T.C. Cycling Skills and Coaching!

This activity runs on these days:	Tuesday, Thursday
This activity is run by:	Mr Eastman
Duration:	One day
It will cost:	£30
Number of places:	16

Camel Creek

Description:

Embark on an unforgettable adventure with us at Camel Creek Adventure Park! Join Mr. Birkett and the team for a day packed with thrilling activities. Prepare for a brilliant experience, with an awesome variety of rides and attractions for all ages, exhilarating roller coasters, and tasty treats. Camel Creek have got it all covered, including BRAND NEW additions for 2025! This is the perfect opportunity to embrace adventure, bond with friends, and create lasting memories. Don't miss this chance to join the excitement of Camel Creek Adventure Park!

This activity runs on these days:	Monday, Wednesday, Friday
This activity is run by:	Mr Birkett, Mr Gilbert, Mr van der Lem
Duration:	One day
It will cost:	£20
Number of places:	50

Celebration card creation

Description: Keen to get creative and make special cards to make people smile? Join this activity to learn skills and techniques for 2D and 3D cards.	
This activity runs on these days:	Monday
This activity is run by:	Mrs Creaser
Duration:	One day
It will cost:	£2
Number of places:	20

Coco Kitchen Chocolate Making Workshop and St Ives Visit

Description: An adventure in St Ives! Firstly heading to 'I Should Coco' for a chocolate making workshop in their fantastic Coco Kitchen where you will be making all things from chocolate truffles to chocolate lollies with your own ideas and creativity! Then, a walk through the town to St Ives Bakery where we will be visiting the bakers and discussing their incredible business with a final stroll to the beach to enjoy a delicious pasty, maybe an ice cream and definitely some delicious chocolate treats!	
This activity runs on these days:	Thursday
This activity is run by:	TBC
Duration:	One day
It will cost:	£40
Number of places:	10

Computer Games

Description:

Students will be spending the week playing different games consoles and tournaments. We have Playstation, Xbox and Nintendo consoles as well as some Oculus VR headsets for the students to get to grips with.

*Please bring any spare controllers for Playstation or XBox to make sure all multiplayer games can have the maximum people playing at once.

*You may bring your own console/device if you would like to create your own 'mini gaming group' (but please see Mr Burke beforehand to make sure we have what we need to get you connected and set up in your mini-group)

*You can bring a board game or any other fun non-video gaming activity eg Lego to have a change from gaming.

*Please bring any snacks/food and drinks you will want to have at breaks

There will be a range of new and retro video games consoles and some VR headsets, but there may be some waiting time in between plays if numbers are high on certain days. All school computers will be available to use for games and other activities like Blooket etc

This activity runs on these days:	Monday, Tuesday, Wednesday, Thursday, Friday
This activity is run by:	Mr Burke and various available staff to support
Duration:	One day
It will cost:	Free
Number of places:	60 per day

Elemental Activities

Description:

What a fantastic activities week from start to finish! You will get to go on the Mega-SUP and have a go on a SUP yourself, you can also do some coasteering and rock jumping. This week also includes Kayaking, Raft Building BBQ's, beach games, surfing and body boarding at Fistril Beach! If you want endless fun, challenge and great memories sign up to this amazing trip! (please note that this is not a residential trip).

This activity runs on these days:	All Week
This activity is run by:	Mr Hitchcock, Mr Bannon, Miss Watson and Mr Swayne
Duration:	Five days
It will cost:	£275
Number of places:	50

Gig Rowing

Description:

Ever wanted to get on the sea in a boat, but never had the chance? Now you can. You can have a go at gig rowing. Challenge yourself to learn a new sport. This is your opportunity along with 6 other people to take to the water and row a gig. These are traditionally built boats, 32foot in length with 6 oars to get them moving, one of which you will be using.

This activity runs on these days:	Wednesday
This activity is run by:	Mrs Curnow Care
Duration:	One day
It will cost:	£10
Number of places:	12-16

Glow up

Description:

Any budding hair stylists and make up artists out there now is the time to take on the challenge. Based on the BBC series "Glow up" you will be working in small groups to design and create a look. This will then be photographed and judged by professionals working in the industry.

This activity runs on these days:	Wednesday
This activity is run by:	Mrs O'Hare
Duration:	One day
It will cost:	£15
Number of places:	20

Golf

Description:

A fantastic opportunity to experience the thrill of golf in a relaxed and welcoming environment. Whether you're an absolute novice or have dabbled in golf before, this activity is designed to help you tee off with confidence and embark on a journey of fun and improvement. Join us for a day filled with excitement and learning as you explore the pristine fairways and lush greens on a local picturesque golf course. Don't worry if you don't have your own golf clubs – we provide all the necessary equipment, ensuring you have everything you need to get started.

This activity runs on these days:	Thursday, Friday
This activity is run by:	Mr Williams
Duration:	One day
It will cost:	£30
Number of places:	12

Ice cream making and factory visit

Description:

Treat your taste buds to a delectable adventure! Begin your journey with a visit to the famous Roskilly's Ice Cream, where you'll get an exclusive behind-the-scenes look at the art of crafting creamy, mouthwatering ice cream. You'll witness the magic of the ice cream-making process and even have the chance to savor some of their scrumptious flavours. But the fun doesn't stop there! After your visit to Roskilly's, return to the school's food rooms and embark on your own ice cream-making adventure. With the guidance of our skilled Mr Reay, you'll learn the secrets of creating your very own custom ice cream flavours. It's a hands-on, tasty experience that will leave you with sweet memories and a newfound appreciation for the world of ice cream.

This activity runs on these days:	Monday, Friday
This activity is run by:	TBC
Duration:	One day
It will cost:	£10
Number of places:	20

Lucky Dip

Description:

Students will participate in a "lucky dip" activity, with their selected activity chosen from the list below. All activities are based at Helston and are free. If students wish to refine their lucky dip by either choosing a specific activity or opting out of one (such as Physical Activity), they can indicate their preference on the form.

Physical Activity Day: Engage in team-building games like football, volleyball, and dodgeball on the school grounds.

Science Challenge Day: Solve a mystery using scientific techniques in a fun, crime-solving challenge.

Music Day: Explore your musical talents in an immersive day of rhythm, melody, and creativity.

Fun Upcycled Fashion: Upcycle your own clothing with unique stencilled designs inspired by your interests.

Engineering Challenge Day: Build the tallest skyscraper using basic materials while learning about structural stability.

Ultimate Movie Marathon: Enjoy a cozy movie marathon with snacks, film activities, and your favourite duvet for comfort.

This activity runs on these days:	Monday, Tuesday, Wednesday, Thursday, Friday
This activity is run by:	TBC
Duration:	One day
It will cost:	Free
Number of places:	-

Masterchef

Description:

Get ready to don your chef's hat and unleash your culinary creativity with our all-day MasterChef challenge! Join us for a day of delicious adventures in the kitchen, where you'll learn to whip up gourmet delights like a pro. Under the expert guidance of our seasoned chefs, you'll master essential cooking techniques, explore diverse cuisines, and even participate in thrilling culinary challenges. Discover the joy of cooking, enhance your teamwork skills, and most importantly, relish the incredible dishes you'll create. The activity is free but students will need to provide their own ingredients.

This activity runs on these days:	Monday, Tuesday, Wednesday, Thursday, Friday
This activity is run by:	Mr Reay
Duration:	One day
It will cost:	Free
Number of places:	15

Myths and mysteries

Description:

Find out about the myths and mysteries of St. Michael's Mount. Explore the castle and gardens. Then enjoy a scavenger hunt and activities on the beach. Calling all students interested in some historical fun and beach activities.

We'll walk or boat to the island. Explore the castle and grounds and admire the fantastic views.

We will then return to the beach for a scavenger hunt, rounders and French cricket. You'll also have the opportunity to buy an icecream or pasty.

All are welcome on our mini-adventure.

This activity runs on these days:	Friday
This activity is run by:	Mrs Creaser
Duration:	One day
It will cost:	waiting for a quote
Number of places:	25

Photo Safaris

Description:

Mr Ellis to take students exploring the Cornish coastline. Join us for an exciting photo walk where you can explore cool spots, snap amazing pics, and learn fun photography tips! This walk is the perfect way to get creative and show off your style. Bring your phone or camera and let's discover awesome views together!

This activity runs on these days:	Tuesday or Wednesday
This activity is run by:	Mr Ellis
Duration:	One day
It will cost:	£10 per person
Number of places:	15

Photography Theme Team Challenge

Description:

Join Mr Ellis as small groups are assigned a theme (e.g., "school life," "friendship"). Groups capture images related to their theme and present them at the end of the day. This is a great chance to learn about basic camera settings and photo editing techniques. This will culminate in a gallery halal where we celebrate all the work captured on the day.

This activity runs on these days:	Monday, Thursday, Friday
This activity is run by:	Mr Ellis
Duration:	One day
It will cost:	Free
Number of places:	20

Podcasting Qualification with Rock School Learning

Description:

In an intensive three day course, prepare for and take an RSL graded exam in Podcasting. Grades from Debut to 5 will be on offer depending on skills developed over the three days -on the final day you can either record and send your podcast to the examiners, or choose to practice your skills take the exam when you return in September.

This activity runs on these days:	Thursday
This activity is run by:	Mrs Stevenson
Duration:	Three days
It will cost:	£55 exam certificate fee
Number of places:	15

Primitive Survival

Description: Join Mr Philpott and Mr Eathorne at School and learn some team and individual skills of how to survive and thrive in the wild including building your own shelters and cooking your own food.	
This activity runs on these days:	Wednesday, Thursday, Friday
This activity is run by:	Mr Phillpott, Mr Eathorne, and Mr Reay
Duration:	One day
It will cost:	Free
Number of places:	40

Roll, Read, and Rule: The Ultimate Boardgames & Books Experience!

Description: Step into a world of strategy, imagination, and fun! In this activity, you'll get the chance to challenge your friends in a variety of exciting board games—whether you're outwitting opponents in classics like Chess or discovering new favorites. But that's not all! If you need a break from the competition, lose yourself in a good book from our collection, or bring your own and dive into a story you love. Plus, you'll even have the chance to unleash your creativity by designing and making your very own board game! Whether you're a boardgame enthusiast, an avid reader, or just curious, this week promises to be packed with fun, creativity, and learning. Ready to roll the dice, turn the page, or invent your own game? If you ave your own game you'd like to bring that's fine too!	
This activity runs on these days:	Tuesday, Thursday, Friday
This activity is run by:	Mrs Wilton
Duration:	One day
It will cost:	Free
Number of places:	25

Spanish Trip

Description:

Take part in a cultural experience to the Catalonian area of Spain. We will stay in a hotel on the Mediterranean coast in Tossa del Mar. Students will be encouraged to use their language skills as much as possible, for example when shopping, and in Barcelona, Girona, Figueras and Tossa del Mar. The trip will include:

- Day in Barcelona with a visit to key tourist attractions
- Day in Port Aventura theme park
- Morning in Girona followed by an afternoon in Figueras, possible a visit to the famous Dalí museum
- Visit to Las Ramblas and La Boquería market in Barcelona.

This trip was launched at the beginning of September. There are currently a few spaces still available.

This activity runs on these days:	All Week
This activity is run by:	Mrs Barnes, Mrs Martin, Mr Carpenter, Miss Woods
Duration:	Five days
It will cost:	£825
Number of places:	50

Sport @ HCC

Description:

A dynamic and exhilarating week filled with a diverse array of physical activities, encompassing the spirit of teamwork, including sports such as football, volleyball, and dodgeball, all conducted right on the school premises

This activity runs on these days:	Monday, Wednesday, Thursday, Friday
This activity is run by:	Mr Richardson
Duration:	One day
It will cost:	Free
Number of places:	40

Surfing / Mega SUP / Bodyboarding

Description:

Dive into a day of watersports excitement with Global Boarders! Whether you're an experienced water enthusiast or a complete beginner, this day offers something for everyone. Under the guidance of skilled instructors, you'll have the chance to try your hand at surfing, paddleboarding, and kayaking in the beautiful Cornish waters. Learn the basics of balance, paddling techniques, and ocean safety, all while enjoying the thrill of riding waves and exploring the coastline. This is a fantastic opportunity to connect with the ocean, boost your skills, and make a splash with friends. Don't miss out on a day of adventure, fun, and sun with Global Boarders!

This activity runs on these days:	Monday, Tuesday, Wednesday, Thursday, Friday
This activity is run by:	Mr Lovelock, Miss Brown
Duration:	One day
It will cost:	£30
Number of places:	48

The Lizard - Cornish Heritage

Description:

Students will travel by Coach travel to Ann's Pasties for pasty making workshop. This will be followed by a tour of the RNLI lifeboat station on The Lizard. We will eat our pasties by the lighthouse, before finishing the day with a Serpentine Workshop.

This activity runs on these days:	Tuesday, Thursday
This activity is run by:	Mrs Bloor
Duration:	One day
It will cost:	£25 -this is to cover the cost of transport
Number of places:	15